



US Fencing Coaches Association Moniteur Practical Exam Score Sheet

Candidate's information:

Name _____

Address _____

Phone (cell) _____ (home) _____

Email _____

Club _____

Candidate Signature _____ Date _____

Examiner Information:

Exam Site _____ Date _____

Fees are pre-paid online for all exams at www.USFCA.org

____ PROOF OF PAYMENT
____ PROOF OF PASSING WRITTEN EXAM

Examiner #1 Name _____

Phone (cell) _____ (home) _____

Email _____

Examiner #1 Signature _____ Date " _____

Examiner #2 Name _____

Examiner #2 Signature _____ Date " _____

Testing In: (choose **one**)

Testing By: (Circle all that apply)

Foil _____ Epee _____ Sabre _____

Individual lesson Group lesson

_____ *pass* _____ *not passed*

Examiner's Initials _____ Score _____



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Examiners Initials: _____

Scoring System = Excellent (85% - 100%), Good (75%-84%), Marginal (60% - 74%), Unsatisfactory (below 60%)
 ** Excellent and Good scores are passing marks. A limited number of Marginal scores will still pass. **

PART I. Warm Up

	Excellent	Good	Marginal	Unsatisfactory	
Age/Skill appropriate	5	4	3	2	1
Fitness component	5	4	3	2	1
Methodology	5	4	3	2	1

Part I Score: _____ (15 points possible)

Comments:

PART II. Footwork

Footwork Themes (check selected theme)

- On guard, advance, and retreat
- Lunge and backward recovery
- Advance lunge and retreat lunge

	Excellent	Good	Marginal	Unsatisfactory	
Appropriate verbal explanation	5	4	3	2	1
Appropriate demonstration	5	4	3	2	1
Appropriate skill progression	5	4	3	2	1
Awareness of distance	5	4	3	2	1

Part II Score: _____ (20 points possible)

Comments:



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PART III. Main Group Lesson OR Individual Lesson

Main Lesson Themes (check selected theme)

- The grip, lines of attack and defense, target areas, the thrust and the concept of simple, direct attack
- Simple attack and parry riposte
- Parry riposte and compound attack
- Compound attack and counter attack
- Counter attack and simple attack

PART III. Main Group Lesson OR Individual Lesson

	Excellent	Good	Marginal	Unsatisfactory	
Demonstration	5	4	3	2	1
Verbal explanations clear and concise	5	4	3	2	1
Stays within the lesson theme	5	4	3	2	1
Appropriate progression	5	4	3	2	1
Drills appropriate for skill level	5	4	3	2	1
Appropriate error correction	5	4	3	2	1
Awareness of distance	5	4	3	2	1
Appropriate respect and etiquette	5	4	3	2	1
Part III Score				_____	(40 points possible)

Comments:



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PART IV. Conclusion of the Lesson

	Excellent	Good	Marginal	Unsatisfactory
Reviews/Summarizes	5	4	3	2 1
Answers students' questions appropriately	5	4	3	2 1

Part IV Score: _____ (10 points possible)

Comments:

PART V. Examiner(s)' Questions

Use the Oral Question Exam Sheet on the next page for sample questions. Use the USFA Rule Book for questions on the rules of competition.

	Excellent	Good	Marginal	Unsatisfactory
Knowledge of basic rules	5	4	3	2 1
Knowledge of basic technique	5	4	3	2 1
Understanding of the short version of the tactical wheel	5	4	3	2 1

Part V Score: _____ (15 points possible)

Comments:



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ORAL EXAM MONITEUR

The candidate answers two questions from the below list for a total of 10-15 minutes. The examiners can also substitute questions pertaining to the lessons previously demonstrated. The detail and depth of the answer increases with each level of exam.

Possible Oral Exam Topics for Moniteur

Moniteur topics are selected from those below.

1. How to hold the weapon
2. The On Guard position
3. The defensive positions of foil, épée or sabre
4. Footwork: advance, retreat, lunge, recovery, advance lunge
5. Preparations: engagement, invitation, feint
6. Attack on the Blade: beat
7. Prise de Fer: opposition
8. Simple attacks: foil and épée: direct, disengage, coupé, counter-disengage
sabre: head, chest, banderole, flank, cheek, advanced target
9. Compound Attacks: foil/ épée - feint disengage, one-two
sabre: feint head cut chest or flank
10. Defensive: parry (lateral, circular) riposte (simple)
11. Counter-offensive: stop hit (with blade and without) point-in-line, remise, reprise
12. Short version of the tactical wheel
13. Discuss competition rules and regulations for weapon being tested: foil, épée or sabre

If a technique question (1-11) is picked the candidate has 10-15 minutes to cover some of the following relevant areas as they pertain to the specific technique.

Definition
Classification
Technique analysis
Application of technique
Mistakes to avoid
Tactical considerations
Defensive or offensive response to the action
Teaching techniques for the instructor
How to perfect the action with various preparations
Role of the instructor (corrections of technique additional thoughts)



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TOTAL SCORES

*Scoring System = Excellent (85% - 100%), Good (75%-84%), Marginal (60% - 74%), Unsatisfactory (below 60%)
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Add all parts for total score

Part I Score: _____

Part II Score: _____

Part III Score: _____

Part IV Score: _____

Part V Score: _____

Total Score Parts I-V: _____

Passing Score = 75 (minimum) for each weapon

Maximum Score = 100

Please check the appropriate line:

Weapon Tested	Foil	Epee	Sabre
Pass _____	Not Passed _____		Score _____

Examiners: Please photocopy all sheets and keep the copies for your files. Complete the forms and send to the CAB Secretary

**Steven Behrends
3004 Maple Street
West Des Moines, IA 50265
Phone: (515) 225-8085**

Or email to:
CAB_SBehrends@usfca.org

Please give the Official USFCA Moniteur Candidate's Proof of Practical Exam to the candidate.



**US Fencing Coaches Association
Moniteur Practical Exam Score Sheet**

Examiners Initials: _____

**Official USFCA Moniteur
Candidate's Proof of Practical Exam**

Date _____ Site _____

Candidate's Name _____

Candidate's Signature _____ Date _____

Weapon Tested	Foil	Epee	Sabre
	_____ <i>pass</i>	_____ <i>not passed</i>	

Examiner's Initials _____ Score _____

Examiner #1 Signature _____ Date _____

Examiner #2 Signature _____ Date _____